

North Pike School District

ELEMENTARY & MIDDLE

ROTATES WEEKLY

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 9/3/2018 Assorted Cold Cereals Graham Crackers Mini Cinnis Applesauce Veg. Juice Variety Assorted Fruit Juices Chocolate Milk Fat Free Milk Low Fat Milk	Tue - 9/4/2018 French Toast Sticks Mini Pancakes in a Bag Sliced Strawberries Veg. Juice Variety Assorted Fruit Juices Chocolate Milk Fat Free Milk Low Fat Milk Pancake Syrup	Wed - 9/5/2018 Waffles in a Bag Southern Biscuit Sausage Patty Chilled Peaches Veg. Juice Variety Assorted Fruit Juices Chocolate Milk Fat Free Milk Low Fat Milk	Thu - 9/6/2018 Strawberry Toaster Pastry Yogurt, Straw/Banana Sausage & Pancake on a Stick Sliced Strawberries Veg. Juice Variety Assorted Fruit Juices Chocolate Milk Fat Free Milk Low Fat Milk	Fri - 9/7/2018 Assorted Breakfast Bread Southern Biscuit Bacon Strip Chilled Peaches Veg. Juice Variety Assorted Fruit Juices Chocolate Milk Fat Free Milk Low Fat Milk
Mon - 9/10/2018 Assorted Cold Cereals Graham Crackers Mini Cinnis Applesauce Veg. Juice Variety Assorted Fruit Juices Chocolate Milk Fat Free Milk Low Fat Milk	Tue - 9/11/2018 French Toast Sticks Mini Pancakes in a Bag Sliced Strawberries Veg. Juice Variety Assorted Fruit Juices Chocolate Milk Fat Free Milk Low Fat Milk Pancake Syrup	Wed - 9/12/2018 Waffles in a Bag Southern Biscuit Sausage Patty Chilled Peaches Veg. Juice Variety Assorted Fruit Juices Chocolate Milk Fat Free Milk Low Fat Milk	Thu - 9/13/2018 Strawberry Toaster Pastry Yogurt, Straw/Banana Sausage & Pancake on a Stick Sliced Strawberries Veg. Juice Variety Assorted Fruit Juices Chocolate Milk Fat Free Milk Low Fat Milk	Fri - 9/14/2018 Assorted Breakfast Bread Southern Biscuit Bacon Strip Chilled Peaches Veg. Juice Variety Assorted Fruit Juices Chocolate Milk Fat Free Milk Low Fat Milk
Mon - 9/17/2018 Assorted Cold Cereals Graham Crackers Mini Cinnis Applesauce Veg. Juice Variety Assorted Fruit Juices Chocolate Milk Fat Free Milk Low Fat Milk	Tue - 9/18/2018 French Toast Sticks Mini Pancakes in a Bag Sliced Strawberries Veg. Juice Variety Assorted Fruit Juices Chocolate Milk Fat Free Milk Low Fat Milk Pancake Syrup	Wed - 9/19/2018 Waffles in a Bag Southern Biscuit Sausage Patty Chilled Peaches Veg. Juice Variety Assorted Fruit Juices Chocolate Milk Fat Free Milk Low Fat Milk	Thu - 9/20/2018 Strawberry Toaster Pastry Yogurt, Straw/Banana Sausage & Pancake on a Stick Sliced Strawberries Veg. Juice Variety Assorted Fruit Juices Chocolate Milk Fat Free Milk Low Fat Milk	Fri - 9/21/2018 Assorted Breakfast Bread Southern Biscuit Bacon Strip Chilled Peaches Veg. Juice Variety Assorted Fruit Juices Chocolate Milk Fat Free Milk Low Fat Milk
Mon - 9/24/2018 Assorted Cold Cereals Graham Crackers Mini Cinnis Applesauce Veg. Juice Variety Assorted Fruit Juices Chocolate Milk Fat Free Milk Low Fat Milk	Tue - 9/25/2018 French Toast Sticks Mini Pancakes in a Bag Sliced Strawberries Veg. Juice Variety Assorted Fruit Juices Chocolate Milk Fat Free Milk Low Fat Milk Pancake Syrup	Wed - 9/26/2018 Waffles in a Bag Southern Biscuit Sausage Patty Chilled Peaches Veg. Juice Variety Assorted Fruit Juices Chocolate Milk Fat Free Milk Low Fat Milk	Thu - 9/27/2018 Strawberry Toaster Pastry Yogurt, Straw/Banana Sausage & Pancake on a Stick Sliced Strawberries Veg. Juice Variety Assorted Fruit Juices Chocolate Milk Fat Free Milk Low Fat Milk	Fri - 9/28/2018 Assorted Breakfast Bread Southern Biscuit Bacon Strip Chilled Peaches Veg. Juice Variety Assorted Fruit Juices Chocolate Milk Fat Free Milk Low Fat Milk

Milk, Juice & Fruit variety served daily

This menu is subject to change depending on availability of ingredients and special functions that require a menu change

This institution is an equal opportunity provider

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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ROTATES WEEKLY

Monday	Tuesday	Wednesday	Thursday	Friday			
	Average	Weekly Target	% of Target	Average	% of Calories	Weekly Target	
Calories	463	400-500	100%	Sugars	47.49* g	41.04%	
Cholesterol	17 mg			Protein	14.79 g	12.79%	
Sodium	530 mg	540		Carbohyd	78.69 g	68.01%	
Fiber	2.60 g			Tot. Fat	9.60 g	18.68%	<=30.0%
Iron	2.57* mg			Sat. Fat	3.24 g	6.29%	<10.00%
Calcium	448.48* mg						
Vitamin A	1126* IU						
Vitamin C	78.59* mg						

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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