

North Pike School District

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 10/29/2018 Cheeseburger Buffalo Hot Wings Green Beans Crispy Sweet Potato Cubes Fruit Crisp Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk	Tue - 10/30/2018 Stuffed Crust Pizza Grilled Fajita Salad Chicken Patty Sandwich Baked Beans Glazed Carrots Whole Kernel Corn Sliced Strawberries Assorted Fruit Juices Chocolate Milk	Wed - 10/31/2018 Huntington Chicken BBQ Rib Sandwich Chef Salad Saltine Crackers Yeast Roll Oven Baked Potato Wedge Cheesy Broccoli Fresh Fruit Bowl Chocolate Pudding	Thu - 11/1/2018 Meatballs in Marinara Sauce on Hoagie Bun Cheesy Garlic French Bread with Marinara Chef Salad Saltine Crackers Baby Carrots w/ Dressing Crinkle Cut Fries Green Peas Fresh Fruit Bowl Assorted Fruit Juices	Fri - 11/2/2018 Corn Dog Chicken Tenders Chef Salad Saltine Crackers Yeast Roll Whole Kernel Corn Quick Baked Potato Lima Beans Assorted Gelatins with Whipped Topping
Mon - 11/5/2018 Chicken Pieces in Honey BBQ Sauce Bacon Cheese Burger Macaroni and Cheese Baby Carrots w/ Dressing Lima Beans Fresh Fruit Bowl Assorted Fruit Juices Veg. Juice Variety Chocolate Milk	Tue - 11/6/2018 Mexican Pizza Buffalo Hot Wings Rolls, Enriched Flour MS13 Chef Salad Saltine Crackers Spicy Fries Green Peas Chocolate Pudding Fresh Fruit Bowl	Wed - 11/7/2018 Spicy Chicken Sandwich BBQ Rib Sandwich Chef Salad Saltine Crackers Crispy Sweet Potato Cubes Black-Eyed Peas Assorted Gelatins Fresh Fruit Bowl Assorted Fruit Juices	Thu - 11/8/2018 Sausage & Pancake on a Stick Sausage and Biscuit Hot Grits Cheese Omelet Hashbrown Potatoes Sliced Strawberries Veg. Juice Variety Assorted Fruit Juices Chocolate Milk	Fri - 11/9/2018 Chili Cheese over Chips Chicken Patty Sandwich Whole Kernel Corn Cheesy Broccoli Chocolate Chip Cookie Chilled Peaches Assorted Fruit Juices Chocolate Milk Fat Free Milk
Mon - 11/12/2018 Boneless Buffalo Hot Wings Taco Soup Tortilla Chips - plain Baby Carrots w/ Dressing Crinkle Cut Fries Black-Eyed Peas Fresh Fruit Bowl Assorted Fruit Juices Veg. Juice Variety	Tue - 11/13/2018 Stuffed Crust Pizza Chicken Tenders Chef Salad Saltine Crackers Yeast Roll Macaroni and Cheese Spicy Fries Green Peas Brownies	Wed - 11/14/2018 Cheesy Garlic French Bread with Marinara Spicy Chicken Sandwich Chef Salad Saltine Crackers Whole Kernel Corn Green Beans Tossed Salad w/ Dressing Assorted Gelatins with Whipped Topping Fresh Fruit Bowl	Thu - 11/15/2018 Cheesy Chicken Over/Rice Yeast Roll Cheeseburger Chef Salad Saltine Crackers Crispy Sweet Potato Cubes Lima Beans Cucumber Sticks W/Dip Fresh Fruit Bowl	Fri - 11/16/2018 Grilled Chicken Sandwich Chili Dog Baked Beans Cheesy Broccoli Tater Tots Fresh Fruit Bowl Chocolate Pudding Assorted Fruit Juices Chocolate Milk
Mon - 11/19/2018 Mon - 11/26/2018 BBQ Pulled Pork Burger Mandarin Chicken Stir Fried Rice Cucumber Sticks W/Dip Crispy Sweet Potato Cubes Baked Beans Fruit Crisp Fresh Fruit Bowl Assorted Fruit Juices	Tue - 11/20/2018 Tue - 11/27/2018 Stuffed Crust Pizza Beef Steak Burger Grilled Fajita Salad Cheesy Broccoli Seasoned Green Beans Chocolate Chip Cookie Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk	Wed - 11/21/2018 Wed - 11/28/2018 Cheesy Breadsticks/Chili Bacon Cheese Burger Chef Salad Saltine Crackers Yeast Roll Cheesy Broccoli Green Peas Glazed Carrots Fruit Crisp	Thu - 11/22/2018 Thu - 11/29/2018 Sausage & Pancake on a Stick Sausage and Biscuit Hot Grits Cheese Omelet Hashbrown Potatoes Hot Cinnamon Apples Sliced Strawberries Veg. Juice Variety Assorted Fruit Juices	Fri - 11/23/2018 Fri - 11/30/2018 Beefy Nachos Grande Ham and Turkey on Ciabatta Bread Tater Tots Refried Beans Tossed Salad w/ Dressing Assorted Gelatins Chilled Peaches Fresh Fruit Bowl Assorted Fruit Juices

Milk, Juice & Fruit variety served daily

This menu is subject to change depending on availability of ingredients and special functions that require a menu change

This institution is an equal opportunity provider

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Monday	Tuesday	Wednesday	Thursday	Friday			
	Average	Weekly Target	% of Target	Average	% of Calories	Weekly Target	
Calories	764	750-850	100%	Sugars	52.17* g	27.33%	
Cholesterol	69 mg			Protein	31.54 g	16.52%	
Sodium	1408 mg	1420		Carbohyd	107.90 g	56.51%	
Fiber	6.74 g			Tot. Fat	23.84 g	28.10%	<=30.0%
Iron	3.59* mg			Sat. Fat	7.52 g	8.86%	<10.00%
Calcium	452.11* mg						
Vitamin A	1848* IU						
Vitamin C	52.28* mg						

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