

North Pike School District

Monday	Tuesday	Wednesday	Thursday	Friday
			Thu - 1/3/2019 Stuffed Crust Pizza Grilled Chicken Sandwich Refried Beans Whole Kernel Corn Fruit Crisp Sliced Strawberries Assorted Fruit Juices Chocolate Milk Fat Free Milk	Fri - 1/4/2019 Chicken Pieces in Honey BBQ Sauce Bacon Cheese Burger Crinkle Cut Fries Croissant Seasoned Green Beans Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk
Mon - 1/7/2019 Chicken Tenders Yeast Roll BBQ Pulled Pork Burger Quick Baked Potato Baked Beans Creamy Coleslaw Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk	Tue - 1/8/2019 Taco Soup Tortilla Chips - plain Personal Pan Pizza Chef Salad Saltine Crackers Whole Wheat Garlic Toast Pasta with Italian Red Sauce Whole Kernel Corn Fresh Orange Smiles	Wed - 1/9/2019 Mini Hot Dogs Grilled Cheese Sandwich Chef Salad Saltine Crackers Glazed Carrots Seasoned Green Beans Tossed Salad w/ Dressing Assorted Salad Dressings Fresh Fruit Bowl	Thu - 1/10/2019 Cheesy Chicken Over/Rice Yeast Roll Hamburger w/ Trimmings Chef Salad Saltine Crackers Crispy Sweet Potato Cubes Lima Beans Sliced Strawberries Assorted Fruit Juices	Fri - 1/11/2019 Cheesy Breadsticks Chicken Nuggets Croissant Tater Tots Cheesy Broccoli Assorted Puddings Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk
Mon - 1/14/2019 Beef Ravioli Chicken Patty Sandwich Whole Wheat Garlic Toast Crinkle Cut Fries Seasoned Green Beans Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk	Tue - 1/15/2019 Stuffed Crust Pizza Bacon Cheese Burger Chef Salad Saltine Crackers Refried Beans Whole Kernel Corn Fruit Crisp Sliced Strawberries Assorted Fruit Juices	Wed - 1/16/2019 Beef Ravioli Chicken Patty Sandwich Whole Wheat Garlic Toast Crinkle Cut Fries Chicken Salad on Ciabatta Bread Seasoned Green Beans Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk	Thu - 1/17/2019 BREAKFAST BRIGADE! Sausage & Pancake on a Stick Sausage and Biscuit Hot Grits Cheese Omelet Hashbrown Potatoes Assorted Vegetable Juice Fresh Fruit Bowl Chocolate Milk	Fri - 1/18/2019 Chili Cheese over Chips Ham and Turkey on Ciabatta Bread Crispy Sweet Potato Cubes Whole Kernel Corn Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk Low Fat Milk
Mon - 1/21/2019 Chicken Pieces in Honey BBQ Sauce Bacon Cheese Burger Crinkle Cut Fries Croissant Seasoned Green Beans Glazed Carrots Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk	Tue - 1/22/2019 Beefy Nachos Grande Personal Pan Pizza Chef Salad Saltine Crackers Whole Kernel Corn Refried Beans Hot Cinnamon Apples Assorted Fruit Juices Chocolate Milk	Wed - 1/23/2019 Chicken Fajita Wrap Steak Fingers Country Style Gravy Yeast Roll Chef Salad Saltine Crackers Southern Turnip Greens Lima Beans Assorted Puddings	Thu - 1/24/2019 Spaghetti & Meat Sauce Chicken Patty Sandwich Chicken Salad w/Cr Whole Wheat Garlic Toast Green Peas Yam Patties Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk	Fri - 1/25/2019 Mandarin Chicken Hamburger w/ Trimmings Fiesta Rice Baked Beans Seasoned Cabbage Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk
Mon - 1/28/2019 Chicken Nuggets Buffalo Hot Wings Ham and Turkey on Ciabatta Bread Croissant Seasoned Lima Beans Tossed Salad w/ Dressing Crispy Sweet Potato Cubes Chilled Peaches Assorted Fruit Juices	Tue - 1/29/2019 Vegetable Beef Soup Saltine Crackers Stuffed Crust Pizza Chef Salad Seasoned Green Beans Whole Kernel Corn Cucumber Sticks W/Dip Assorted Puddings	Wed - 1/30/2019 Corn Dog Hamburger w/ Trimmings Chef Salad Saltine Crackers Tater Tots Cheesy Broccoli Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk	Thu - 1/31/2019 Taco Soup Tortilla Chips - plain Chicken Patty Sandwich Chicken Salad w/Cr Mashed Potatoes Black-Eyed Peas Glazed Carrots Sliced Strawberries Assorted Fruit Juices	Fri - 2/1/2019 Chili Cheese over Chips Bacon Cheese Burger Crispy Sweet Potato Cubes Whole Kernel Corn Fresh Fruit Bowl Assorted Fruit Juices Sugar Cookie Chocolate Milk Fat Free Milk

Milk, Juice & Fruit variety served daily

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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This menu is subject to change depending on availability of ingredients and special functions that require a menu change

This institution is an equal opportunity provider

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	626*	600-650	100%	Sugars	38.57* g	24.65%	
Cholesterol	54* mg			Protein	27.48* g	17.56%	
Sodium	1174* mg	1230		Carbohyd	86.50* g	55.28%	
Fiber	5.89* g			Tot. Fat	19.38* g	27.87%	<=30.0%
Iron	3.14* mg			Sat. Fat	5.81* g	8.35%	<10.00%
Calcium	368.21* mg						
Vitamin A	1511* IU						
Vitamin C	43.04* mg						

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